



BRYNN McCREDIE

BA, MSW, RSW
Social Worker

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Brynn is a qualified Social Worker in good standing with the Ontario College of Social Workers and the Ontario Association of Social Workers. She has been practicing as a Social Worker since 2017. Immediately following graduation she commenced employment as a Social Worker with the Canadian Mental Health Association – providing crisis assessment and intervention, and psychosocial mental health assessments, on the Crisis Assessment Team and as a Crisis Response Worker.

She earned her Master of Social Work Degree in 2017 and Bachelor of Arts, Honours Specialization: Psychology in 2014. In addition Brynn is certified in Cognitive Behavioural Therapy (CBT) (Level 1 & 2), Brief Narrative Therapy, as well as ASIST (Suicide Intervention Skills). Brynn is also trained in Internal Family Systems Skills & Competencies, Motivational Interviewing utilizing the Stages of Change Model, CPI Nonviolent Crisis Intervention Training, and American Sign Language (Level 1).

Her clinical work experience has fostered an opportunity to continually enhance her assessment skills, counselling and provision of resources, while supporting adults and youth, struggling with mental health, addictions and / or trauma. Brynn will be working out of our London Office with a focus on supporting individual's coping with trauma, mental health and addictions.

EDUCATION

- Wilfred Laurier University, Kitchener, ON
Master of Social Work Degree (2017)
- Brescia University, London, ON
Bachelor of Arts, Honours Specialization: Psychology, (2014)

SERVICES

- Social Work Assessment & Treatment
- Trauma - Informed Counselling
- Addictions Counselling
- Individual, Family & Couple Counselling
- Crisis Management, Conflict Resolution

AREAS OF PRACTICE

- Mental Health
- Women's Health
- Addictions
- Crisis Counselling

BRYNN'S SERVICE AREAS

