



Cathy is an Occupational Therapist with more than 25 years of clinical practice in community rehabilitation, school health and homecare. She provides assessment and treatment to clients with varied health issues, injuries and conditions including physical and psychiatric ailments for pediatric to geriatric clientele. She has practiced in the auto-insurance sector for more than 22 years completing independent examinations, providing mobility aids for Assistive Devices Program and designing and implementing individualized treatment programs where functional problems are identified. She has provide medical legal opinions on function and has provided expert testimony in the Superior Court of Ontario as an expert witness on matters of Occupational Therapy including Function Ability Evaluations.



CATHY SYDOR

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EDUCATION

- Bachelor of Science, Occupational Therapy, University of Western Ontario, London, ON (1991)
- Bachelor of Arts, Psychology, University of Western Ontario, London, ON (1988)

SERVICES

- In-Home Assessment & Treatment
- Assessment of Attendant Care Needs (Form 1)
- Hospital Discharge Planning & Coordination
- Cognitive Demands Analysis
- Functional Capacity Assessments
- Ergonomic Assessments
- Physical Demands Analysis / Job Site Analysis
- Return to Work Programming

AREAS OF PRACTICE

- Neurological - Acquired Brain Injury
- Musculoskeletal/Soft Tissue
- Orthopaedics
- Chronic Pain
- Mental Health
- Paediatrics / Youth
- Geriatrics

CATHY'S SERVICE AREAS

