



**CYD SIMPSON**

**BA Sociology  
Rehabilitation Therapist  
Sarnia**

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Cyd Simpson graduated from the University of Western Ontario in 2002 having earned a Bachelor's Degree in Sociology. She has been a highly respected, dedicated and enthusiastic Rehabilitation Therapist in the Community of Sarnia for the past 15 years. She has provided rehabilitation support to individuals recovering from Spinal Cord Injury, Brain Injury, serious multiple Trauma and Orthopedic Injuries. Over the years her role as a Rehabilitation Therapist, allowed her to assist in the facilitation and transition of injured workers into the workplace, and to implement and reinforce compensatory strategies to encourage independence in activities of daily living both vocationally and avocational.

As a private business owner, Cyd gained valuable business leadership skills operating her own rehabilitation therapy practice from 2002 to 2019. She currently holds a Director's position as Member of the Board of Directors for New Beginnings in Sarnia and Chatham-Kent. In May of 2017, Cyd earned her certification as a Personal Trainer, Specialist.

**EDUCATION**

- University of Western Ontario, London, ON Bachelor of Sociology (2002)
- Canfitpro Personal Trainer Specialist (2017)

**SERVICES**

- Activities Of Daily Living, Support
- Work Conditioning Programming
- Core/Balance Training
- Job/Volunteer Coaching
- Return To Work Support/Coaching
- Communication Aids
- Community/Home Exercise Programming

**AREAS OF PRACTICE**

- Acquired Brain Injury
- Spinal Cord Injury
- Orthopedics
- Geriatrics
- Pediatrics
- Mental Health

**CYD'S SERVICE AREAS**

