



## HEATHER STINSON

Occupational Therapist

**MSc OT Reg (Ont), B.A.  
Science (Hons), Human  
Kinetics**

### HEAD OFFICE:

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Heather is a qualified Occupational Therapist, Registered to practice in good standing with the College of Occupational Therapists of Ontario. In 2011, Heather graduated from the University of Guelph, with a Bachelor of Science (Hons) in Human Kinetics and in 2015, she completed her Master of Science, Occupational Therapy, from Queens University.

Heather is based out of DMAREhability's Kingston Office where she provides occupational therapy services including; In-Home Assessments and Treatment, Attendant Care Needs (Form 1), Hospital Discharge, Job Site Analyses and Ergonomic Assessments.

In her previous role as an Occupational Therapist, Heather provided case management services to clients with a variety of impairments such as brain injury, spinal cord injury, soft tissue injury, mental health concerns, amputations, orthopedic injuries and chronic pain. She is also a qualified ADP Seating and Mobility Assessor. Heather provides a positive, client centered approach with each client throughout the rehabilitation process, to optimize independence and engagement in daily activities.

### EDUCATION

- Master of Science, Occupational Therapy, Queen 's University, Kingston, ON (2015)
- Bachelor of Science, (Hons), Human Kinetics, (Hons), University of Guelph, Guelph, ON (2011)
- Diploma of Applied Holistic Nutrition, Institute of Holistic Nutrition, Mississauga, ON (2013)

### SERVICES

- In-Home Assessments & Treatment
- Assessment of Attendant Care Needs (Form1)
- Ergonomic Assessments
- Physical Demands / Job Site Analysis
- Cognitive Demands Analysis
- Hospital Discharge Planning
- Acquired Brain Injury Assessment & Treatment
- Return to Work Program
- Job Coaching
- ADP

### AREAS OF PRACTICE

- Acquired Brain Injury
- Spinal Cord Injury
- Musculoskeletal/Soft Tissue
- Mental Health
- Orthopaedics
- Geriatrics
- Paediatrics
- Chronic Pain
- Trauma

### HEATHER'S SERVICE AREAS

