



INÊS LINCHO

Social Worker, MSW RSW

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Inês earned her Masters of Social Work, from Wilfrid Laurier University, Lyle S. Hallman Faculty of Social Work in 2015 and a Bachelor of Arts, Child and Youth Care, Ryerson University, Toronto, 2008. She is registered as a member in good standing with the Ontario College of Social Workers and the Ontario Association of Social Workers.

Her clinical work experience has encompassed a variety of areas including; Child Protection Services, Mental Health, Addictions and Trauma. She has provided therapeutic counselling assistance to individuals, couples and families of all ages with varying levels of care needs, diverse backgrounds, including newcomer, refugee and First Nations, Metis, Inuit (FNMI). She has in depth knowledge and expertise assessing, facilitating and leading individual, couple and group therapy interventions.

In addition to her academic achievements she has Certificates in the following; Trauma-Focused Cognitive Behavioural Therapy, Narrative Theory for Individuals and Community Work Certificate and Applied Suicide Intervention Skills Training. She is currently working on her Clinical Traumatologist Designation.

Inês is a passionate social worker, with experience in fostering relationships and partnerships to create and build community capacity. She has considerable knowledgeable and understanding of the Portuguese culture. While not fluent she does have a great deal of familiarity with conversing in Portuguese.

EDUCATION

- Wilfrid Laurier University, Lyle S. Hallman Faculty of Social Work, Kitchener, ON
Master of Social Work Degree (2015)
- Ryerson University, Toronto, ON
Bachelor of Arts, Child and Youth Care (2008)
- St. Lawrence College, Kingston, ON
Child and Youth Worker Diploma

SERVICES

- Social Work Assessment & Treatment
- Discharge Planning
- Trauma Counselling
- Addictions Counselling
- Individual, Family & Couple Counselling

AREAS OF PRACTICE

- Acquired Brain Injury
- Mental Health
- Addictions
- Depression
- Group / Individual Therapy

INÊS'S SERVICE AREAS

