



## JUSTYNE RUSSELL

Occupational Therapist  
MScOT, OT Reg (Ont)

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Justyne earned her Bachelor of Arts in Psychology and Minor in Sociology from Wilfrid Laurier University (2014) and her Masters of Science in Occupational Therapy, from Queen's University (2017). While attending Queen's University she gained valuable experience and knowledge from each of her academic placements including; Guelph General Hospital-Acute Care Medicine, VON Greater Kingston; Lakeridge Health-Neuro Ambulatory Rehabilitation Clinic; and Five Counties Children's Centre, Cobourg, ON. In 2017, following graduation, Justyne accepted a position as a Community based Occupational Therapist in her home town of Hanover. She continued to practise and provide assessment, and treatment to injured individuals of varying ranges of injuries and ages. Justyne has continued her passion of learning and sought out conferences with a focus on Cognitive and Neurological Impairments including: PGAP - Progressive Goal Attainment Program, Certification (2019) Ontario Brain Injury Conference (2018 & 2019), Canadian Association of Occupational Therapy Annual Conference, Kingston (2017, 2019) and Gentle Persuasive Approach (GPA) for Adults with Dementia (2017). Justyne is registered with the College of Occupational Therapist of Ontario (COTO) and Canadian Association of Occupational Therapists (CAOT).

### EDUCATION

- Master of Science in Occupational Therapy, Queen's University, Kingston, Ontario, 2017
- Honours Bachelor of Arts in Psychology B.A (Hons.); Research Specialist Sociology Minor, Wilfrid Laurier University, Waterloo, Ontario, 2014

### SERVICES

- In-Home Assessment & Treatment
- Assessment of Attendant Care Needs Form 1
- Ergonomic Assessment
- Physical Demands/Job Site Analysis
- Cognitive Demands Analysis
- Hospital Discharge Planning
- Return to Work/Job Coaching

### AREAS OF PRACTICE

- Acquired Brain Injury
- Musculoskeletal/Soft Tissue
- Orthopaedics
- Geriatrics
- Chronic Pain

### JUSTYNE'S SERVICE AREAS

