

KATIE MARTIN

Kinesiologist / Rehab Therapist

BHKinetics

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Katie joined our team in the capacity of a
Kinesioloigst / Rehabilitation Therapist and will be based
out of our Windsor office. Her combined employment
experience consists of rehabilitation treatment and
prevention through exercise and stretching techniques.
Her clinical therapeutic experience includes collaborating
with physiotherapists and health care providers to ensure
rehabilitation recovery is attained.

Katie graduated with a Bachelors of Human Kinetics, (Honours) Movement Science and Psychology, (2014) from the University of Windsor. In addition she is a K1 & K2 Kinesio Taping Health Professional and Urban Polling Rehabilitation Trainer. Katie has extensive experience creating and implementing exercise programs for clients resulting from motor vehicle collisions and workplace injuries. In addition Katie is bilingual in French and English (written & oral).

EDUCATION

 Bachelor of Human Kinetics, Honours, Movement Science and Psychology, University of Windsor, Windsor, ON (2014)

SERVICES

- Return to Work
- Academic Support
- Behavioural Support
- Support with ADL's
- Activation ProgramsLeisure/Recreation
- Community Integration
- Money Management
- Budgeting

AREAS OF PRACTICE

- Acquired Brain Injury
- Orthopedic Injury
- Musculoskeletal/Soft Tissue
- Mental Health
- Paediatrics / Youth

KATIE'S SERVICE AREAS

